

MAY 2023

Palm Bay Academy

All school breakfasts and
Lunches are served with
8 oz of milk.
Lactose free available when

Monday

Corn Dogs **1**
Sweet Potato Fries, Carrots/ Ranch
Peaches

Nuggets/Fries **8**
Corn in the cob
Mixed Fruits

Chicken Tenders, Mac & Cheese
Broccoli
Mixed fruits **15**

Cheeseburger/ Fries/ Pickle, Romaine Lettuce & Tomato **22**



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Tuesday

Soft Tacos (Beef, WG Tortilla) **2**
Lettuce & Tomatoes, Cheese Salsa

Haystacks (Ground meat, Refried Beans, Chips) **9**
Lettuce, tomatoes, cheese, salsa

Burritos **16**
Cowboy Salad (Mexicorn & Black-beans)

Boneless Wings/ Fries **23**
Celery sticks, Carrots, Ranch Dressing

Last Day for Teachers **30**

Wednesday

Beef Raviolis, Onion, Mushroom **3**
Broccoli
Garlic Bread

Pizza **10**
Carrots, Broccoli Ranch
Seasonal Fruit

Baked Ziti W/ Beef **17**
Garlic Sticks, Collard Greens

Chicken Salad **24**
WG Gyros/ carrots
Chips,



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Thursday

Meatballs and Gravy **4**
Mashed Potatoes
Green Bean, Seasonal Fruit

Orange Chicken W/Rice **11**
Oriental Vegetables
Oranges

Baked Chicken, Yellow Rice with green pigeon peas, Potato Salad **18**

Turkey & Cheese Sandwich **25**
Carrots/ Celery
Hummus

Friday

Grilled Cheese, Chicken Noodle Soup **5**
Tomato, tossed salad (Romaine, Spinach, Broccoli)

Chicken Sandwich Fries **12**
Coleslaw & Pickle
Pears cup

Yogurt, Cheese stick, WG Crackers, Celery Hummus Chins **19**

Hot Dogs, French Fries **26**
Corn On the cob

Breakfast ends at 7:30 am (elementary) and 9:30 am (Middle)

If your child will be late but needs a lunch, please inform the cafeteria staff.

WG=Whole Grain