



CHARTER CHATTER

January 2015

2112 Palm Bay Road NE
Palm Bay • Florida • 32905

Mission Statement

Palm Bay Academy is dedicated to serving the needs of its students by providing an opportunity for an enriched academic environment and acting as an extension of the Brevard County public school system to serve each student with excellence as the standard.



www.palmbayacademy.org/
- Like us on Facebook -

IMPORTANT!

Please remember we have early dismissal on Wednesday, 01-14-15 and 01-28-15. Pick up is no later than 1:45 (Elem), 3:00 for Middle. Early checkout is no later than 1 hour before regular time(12:45-Elem and 2:00-Middle).



01/06/15	Students return
01/10/15	Family Book Clubs, 9-10 am, Trad
01/14/15	Early Release Day @1:15 pm, (latest pick up is 12:50 pm Elem & 3:00 pm Midd)
01/19/15	Martin Luther King Day, Holiday For All
01/20/15	Tuesday Tea, 8-9 am, Trad
01/26/15	Elem. Conferences, call to schedule
01/28/15	Early Release Day @1:15 pm, (latest pick up is 12:50 pm Elem & 3:00 pm Midd)

Upcoming...

02/10/15	Parent Night – FL Standards Assessments
02/11/15	Early Release Day
02/14/15	Family Book Clubs, 9-10 am, Trad
02/16/15	President's Day – Student Holiday
02/17/15	Tuesday Tea, 8-9 am, Trad
02/25/15	Early Release Day

Charter Chatter

January 2015

Page 1 Important
Page 1 Monthly Calendar
Page 1 Leadership Team
Page 2 Daily Details!
Page 2 School News Flash
Page 3 The Happiness Habit
Page 3 PBA PTO
Page 3 Reminder - PBA Uniform Policy
Page 4 Puzzlers & Fungestions



Hi!

Editor

I'm Donna Moore, the editor of the Charter Chatter. We want to know what you think! If you have something you'd like to submit, write us a note. The content will be approved by the school. We do reserve the right to edit your material for appropriate content and to fit the space available.

Palm Bay Academy Leadership Team

Administration

- ♦ Madhu Longani – Director & Elem. Principal
- ♦ Eric Marshall - Principal (Middle)
- ♦ Marilyn Kinsel – Dir. of Operations
- ♦ Linda Mahovich – Student Services
- ♦ Mercedita Ortiz - ESE
- ♦ Nina Orellana – Title I

Board of Directors

- ♦ Ronald Mc Kendree – President
- ♦ Vacant – Vice President
- ♦ Vacant– Board Member
- ♦ Anthony Ingoglia – Parent Contact
- ♦ Vacant – Board Member

Meetings: as posted

PTO (Parent Teacher Organization)

- ♦ President – Renata Jordan
- ♦ Vice President – Deborah Shannon
- ♦ Treasurer –Jennifer Roberts

Meetings: To be announced

Who to talk to on questions about...

- ♦ Transportation (Busing) – Fran Chatelier
- ♦ Free & Reduced Lunch – Crystal Cameron
- ♦ Curriculum – Marilyn Kinsel
- ♦ Student Reading Assist – Nina Orellana
- ♦ Events – Front Desk
- ♦ Field trips – Your student's teacher

Daily Details

Prescription & Over The Counter Medication

Prescription medication will only be administered as approved by a physician (must have prescription label on bottle/box). Two forms (Parent Request to Administer Medications and Medication Administration Record – available at the Front Desk) must be filled out and signed for the school to administer any over the counter or prescription medications. These forms must be filled out every school year. Over the counter medication must be in an unopened, new container. If assistance with non-prescription or over-the-counter medications is requested for periods of time over 3 days the school will require approval of a physician.

The parent must give written permission to the school office, including an explanation of the necessity for the medication during the school day, and/or for the student who may be away from school property on official school business (forms are available at the front desk). The administrator will designate person(s) to be responsible for accepting, counting and administering medication. The designated person(s) will complete a medication log for each student when medication is administered. Medication will be counted and stored properly in the ORIGINAL CONTAINER under lock and key. Medication may be left at the school overnight in cases where the physician and parent make a request for high frequency and lengthy dosage requirements.

Medication shall not be carried on a student's person on the school grounds.



2015-16 Student Re-Enrollment

Re-enrollment forms have already been sent home. To save your student's spot for next school year, turn in your registration form by January 30th. Enrollment opens to the public Monday, February 2nd.

School News Flash



From the Art Room...

The following students have had artwork selected at the Brevard

Immersion

Hayden Kennedy
Jordan Humphrey
Jazlyn Henderson
Porter Twigg
Diana Aplin
Dia Patel

Byther
Rodriguez
Edge
Martin
Alfonso
Gonzalez

Traditional

Addison Barrett
Analia Nativi
Kia Vanegas
Perla Madrid
Aarya Suryawanshi
Genesis Curry
Miracle Green
Devyne Hinson
Nathan Presnell
Parker Ramey
Giovanna Whyte
Cira Dunn
Emily Pate
Nahomie Gelin
Jaydeyn Fregeau
Mikayla Mullins
Sarah Yaseen
Erica Rupert
Sabrina Clarkson

Douglas
Serwin
Rossetti
Mac Gilvray
Mc Clendon
Ingalls
Williams (Kurrus)
McKenna
Gonzalez
Quinlivan
Foreman
Maneiro (Nelson)
Gilchrist
Harvell
Zinone
Wilson
Lovey
Zeligman
Zeligman

Congratulations to all of these talented art students.

Ms. Antillia
Elementary Art



The Happiness Habit...

This is the time of year when we reflect and make changes. Science has proven that it takes 21 consistent days engaged in a new activity to make it a habit. So, say you have 21 days and you want to create a productive habit. What habit do you acquire?

I am working on making happiness a habit. A positive outlook on life helps to protect against negative effects of stress, guarding against illness. Happy people are less likely to produce surges of stress hormones like cortisol that contribute to heart disease, and they are more likely to follow good self-care and have better social networks (reliable indicators of good physical health). Chronic unhappiness, on the other hand, leads to increased blood pressure and decreased immunity. Unhappy people lacking emotional support also don't tend to take very good care of themselves. So, happy people live better, longer lives.

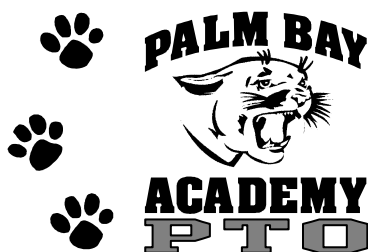
Okay, so that's what science says. All very well and good, but how does one make happiness a habit? I have found from various inspirational sources that if you feel "things" (outside events) are responsible for your unhappiness, then you have no control over your feelings. You have given control of how you feel over to others. If, on the other hand, you feel that you are responsible for whatever comes into your life, the sole owner of your circumstances, then you are in control. Therefore, you have the power to feel however you want, whenever you want to feel it. Hmm, someone/ thing else controlling me or me controlling me? Me being in control gives me power. It also gives me responsibility. I know, who wants more responsibility, but if I have a choice of being in control of how I feel or someone/thing else being in control, I'll take the responsibility along with the control.

Now we have the power, but still need to acquire the habit. This is where responsibility comes in. The first thing I do is remind myself that I am truly in control and I have the power over how I feel. I do this by posting some of the inspirational material I spoke of earlier where I see it every day; on my bathroom mirror, the fridge, over the stove, and my work station. I keep inspirational books in the bathroom, in the living room and in the bedroom. When I have a moment or two I open a book and inspire myself.

If I am filled with inspiration, I can set aside irritation, hurt feelings, or whatever, and make the choice to be happy. If I am still having difficulty, I list the things I am grateful for, reviewing them during the day and at night before bed. Gratitude lists can include anything; sleeping indoors, waking up that morning, living in comfort with electricity/ indoor plumbing, being healthy, having supportive family and friends, having all 5 senses, and so much more. When you review your list, really feel thankful emotion (love, happiness, security, etc.) the item on your list evokes. For a big happiness boost, engage in RAK (Random Acts of Kindness) and enjoy the happiness you bring to others.

I leave you with one of my favorite "happiness" quotes: "Most people are about as happy as they make up their minds to be," (Abraham Lincoln). So, help yourself to happiness, just decide to be happy!

Donna Moore



Stay tuned for more information soon!

Renata Jordan

Reminder

School Uniform Policy

School uniforms are mandatory for all students and parents must ensure conformity with uniform requirements. All students are expected to come to school in clean, neat uniforms, including PE uniforms. Uniforms can be purchased from All Uniform Wear, ph 321-608-3845, 2585 W New Haven Ave. PBA uniform policy is as follows:

- Immersion School - Beige khaki bottoms, white or navy socks/tights, and a navy Palm Bay Academy shirt. Outerwear to be navy or beige khaki.
- Elementary School - Navy blue bottoms, white or navy socks/tights, and a white Palm Bay Academy shirt. Outerwear will be white, navy, or gray.
- Middle School - Beige khaki bottoms (no skirts allowed) and a hunter green Palm Bay Academy shirt. Outerwear will be white, navy, or hunter green.

The Board understands that due to cooler weather, students need to dress warmer. Leniency is granted for bottoms not purchased from All Uniform Wear, however, **JEANS ARE NOT PERMITTED! BRIGHTLY COLORED/ PATTERNED TIGHTS ARE NOT PERMITTED!** Tights, long pants, and sweat pants need to be the appropriate color for the school uniform bottoms.

NOTE: If your household income falls below the [poverty level](#) as defined by the United States Congress and adopted by the Brevard County School board, financial assistance may be granted upon application to and approval by the Palm Bay Academy Board of Directors. Please submit a letter of need to the front desk listing your

Puzzlers & Fungestions



Snowflake Maze

Find your way to the center of the snowflake



Palm Bay Library: Sit 'n Knit with Joyce Olivieri and friends. Mon. January 12, 3-4:30 PM. Beginners are always welcome. Bring your needles and yarn and join our close-knit circle of friends. Call for info (321) 952-4519

Frog Leg Festival: Jan. 15 thru 18, 4 to 6 PM - Location: 22 South Orange St, Fellsmere. Frog leg & gator tail dinners, candy apples, turkey legs, pizza and hamburgers. Live Entertainment and midway featuring traditional carnival rides and games of skill. *FREE shuttle bus from Mesa Park to the festival*

The Dragon Festival: Wickham Park Pavilion, Sat. Jan. 24 thru 25. Open 10 - 6. Music, shows and storytelling, jousting at noon, Blacksmith, wood working, leather works, sword and archery displays and more, Price: \$10. Food & Drink available (Extra Cost)

Riddles

1. What is one thing that all wise men, regardless of their religion or politics, agreed is between heaven and earth?
2. In what year did Christmas and New Year's fall in the same year?
3. Clara Clatter was born on December 27th, yet her birthday is always in the summer. How is this possible?
4. You should keep it after giving it.

Answers: 1. The word "and", 2. They fall in the same year every year, New Year's Day just arrives very early in the year and Christmas arrives very late in the same year, 3. Clara lives in the southern hemisphere, 4. Your word

Math Puzzles

1. If there are three oranges and you take away two, how many will you have?
2. The ages of a father and son add up to 66. The father's age is the son's age reversed. How old could they be? (Find all 3 solutions)
3. How many times can you subtract the number 5 from 25?
4. What's my number? I am a three digit number. My tens digit is five more than my ones digit. My hundreds digit is eight less than my tens digit. What number am I?

1. Two, you have the two you took, 2. 51 and 15, 42 and 24, 60 and 06, 3. Only once. After the first calculation, you will be subtracting 5 from 20, then 5 from 15, and so on, 4. 194

Try these websites for children's fun & development:

- ◆ **Starfall** <http://www.starfall.com/> : This site offers reading with phonics and includes downloadable journals, books & activities
- ◆ **ABCya!** <http://www.abcya.com/> This site offers grade level K-5 lessons, apps and games for elementary students
- ◆ **E-Learning For Kids** <http://www.e-learningforkids.org/> Features lessons for all grade/skill levels covering all major topics

Try these websites for a little parents help:

- ◆ **Internet 4 Classrooms** <http://www.internet4classrooms.com/parents.htm> : A site that helps parents help their kids. Divided up into reading, math, discipline suggestions, helping with homework, and others
- ◆ **Family Education** <http://www.familyeducation.com/home/> : Contains a variety of links and information (I did encounter a number of ads, but usually there were pass links)
- ◆ **Empowering Parents** <http://www.empoweringparents.com/#> : Lists a number of support organization links and has information related to all phases of raising children. Also has a newsletter section

NOTE: These sites have not been examined for viruses or automatic installations. To my knowledge they are okay to visit.