Pizza

Carrots, Broccoli/ Ranch

Applesauce

8 oz of Milk is served with Breakfast and Lunch

Lactose free is available upon request

**AUGUST 2023**

Palm Bay Academy

If your child will be late, please inform the cafeteria. By 8:30 am at elementary. By 9:30 am at middle school.

Fried Chicken & Tater Tots

California Vegetables

Applesauce

Grilled Cheese,

Chicken Noodle Soup

Garden Salad

Apple

Meatballs and Gravy, Mashed Potatoes

Green Bean, Corn Bread

Seasonal Fruit

Beef Raviolis, Spinach, Onion, Mushroom

Zucchini

Garlic Bread

Mixed Fruit

Soft Tacos (Beef,

WG Tortilla) Lettuce & Tomatoes, Cheese, Salsa

Seasonal Fruit

Build your own

Sloppy Joe

Chef salad /Ranch

Pineapple

Chicken

Sandwich, Fries, Coleslaw & Pickle

Pear cup

Orange Chicken

W/Rice

Oriental Vegetables

Oranges

Baked Ziti W/Beef crumbles

Garlic sticks, Collard Greens

Mandarin oranges

Haystacks (Ground meat, Refried Beans, Chips)

Lettuce, tomatoes, cheese, salsa

Seasonal Fruit

Chicken Salad, WG Pita Bread

carrots

Chips, Pineapple

Salisbury Steak W/Gravy

Hashbrown Casserole, WG Dinner roll, Broccoli

Peaches

Chicken & Cheese

Enchiladas

Shredded lettuce and diced tomatoes

Oranges

Swedish meatballs

W/ Yellow Rice

Brocoli

Apple Sauce

Corn Dogs

Sweet Potato Fries, Carrots/ Ranch

Peaches